## CAMP LAKE STEPHENS ADVENTURE CAMP KAYAKING & INDOOR CLIMBING



Junior High aged campers who want to be a little more adventurous!

This week long camp will have all the usual experiences of main camp while adding a kayaking trip component on the Flint River near Huntsville, AL.

## <u>About Kayaking</u> <u>& Indoor Climbing</u>

Monday and Tuesday, campers will stay at our tree house camp down by the lake. There is full plumbing, including showers, and running water.

Wednesday, campers & staff will drive to Highpoint Climbing Gym in Huntsville to climb indoor rock walls. After, the group will arrive to Monte Sano State Park for camping.

Thursday, campers will spend the day on the Flint River and exploring Monte Sano State Park.

Friday, campers and staff will drive back to CLS and resume a normal main camp schedule upon their return.

Special activities that campers will participate in are: cooking their own meals (adult assisted and supervised), sleeping at adventure camp (large elevated screened in cabins), indoor rock climbing, flat water kayaking, exploring Monte Sano by foot and tent camping!

## Is My Child Ready?

- Is your child able to cope with a shift in their usual daily schedule?
- Is your child okay with tent camping, cooking their own food (assisted), no air conditioning?
- Does your child have any fears or nervousness around water?







